SPORTS HALL

The Sports Hall is well equipped to allow for a number of different sports to be played including; basketball, football, netball, volleyball, badminton and table tennis.

Free Play Sessions

This is the opportunity for members to participate in team games for free. No booking is necessary; all you have to do is turn up and get involved.

Basketball
(Intermediate/Advanced)
Monday 7.30—9.30pm
& Friday 8.30—10.30pm

Football
Tuesday 7.30—9.30pm

Badminton
Friday 5.30—8.30pm
& Saturday 2—4pm

Booked Paid Sessions

The Sports Hall is also available to hire to both members and non-members through privately booked sessions. This is a great chance to start up your own league and fit in regular exercise in an exciting way. Available sports include:

Football
Indoor 5-a-side pitch with goals, footballs and bibs provided

Basketball
Full court with up to 4 additional practice nets. Basketballs provided

Badminton
Rackets and shuttlecocks provided

Volleyball
Volleyball provided

Netball
Netball bibs and netballs provided

Table Tennis
Bats and balls provided

Team Building Events

The Sports Hall is the ideal venue to hold team activities; this is great for increasing skills and communications as well as improving morale and productivity. The Club offers a variety of team building activities including seated volleyball, dodgeball, circuits, climbing, football, basketball and exclusive classes such as Roller Disco.

We can also organise a referee or member of staff to oversee the team building event.

There is also the opportunity to include breakfast, lunch or dinner with your team building events, courtesy of The Pearson Room restaurant.

**For more information email magda.slawinska@thirdspace.london
or call 020 7970 0900**

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