

little space

SAMPLE PROGRAMME — WEEK

Monday	0900-1000	1000-1100	1100-1200	1200-1300	1300-1400	1400-1500	1500-1600	1600-1700	1700-1800	1800-2000
Creche 1	Creche Service from 9.00am - 1.00pm				Pre School special events- opportunity to extend programme	Possible Limited Afternoon Creche			Extension opportunity for evening activities to support adult participation and family activities	
Creche 2						Homework Club				
Sports Hall	Possible Creche Overflow					Little Football	Big Football	Little and Big Multi Sports		
Activity Studio	Possible extension to classes	Tiny Ballet	Tiny Football	Tiny Gymnastics		Big Gymnastics	Little Ballet	Big Ballet		
Little Rig		Tiny Burn	Tiny X	Tiny Rigger		Little Rigger	Big Rigger	Little and Big X		
Tiny Rig		Tiny Space Playtime								
Tuesday	0900-1000	1000-1100	1100-1200	1200-1300	1300-1400	1400-1500	1500-1600	1600-1700	1700-1800	1800-2000
Creche 1	Creche Service from 9.00am - 1.00pm				Pre School special events- opportunity to extend programme	Creche Service from 3.00pm - 6.00pm			Extension opportunity for evening activities to support adult participation and family activities	
Creche 2						Homework Club				
Sports Hall	Possible Creche Overflow					Little and Big Multi Sports	Little Football	Big Football		
Activity Studio	Possible extension to classes	Tiny Ballet	Tiny Yoga	Tiny Gymnastics		Little Ballet	Big Ballet	Big Gymnastics		
Little Rig		Tiny Burn	Tiny Rigger	Tiny X		Little X	Big Rigger	Little and Big WOD		
Tiny Rig		Tiny Space Playtime								
Wednesday	0900-1000	1000-1100	1100-1200	1200-1300	1300-1400	1400-1500	1500-1600	1600-1700	1700-1800	1800-2000
Creche 1	Creche Service from 9.00am - 1.00pm				Pre School special events- opportunity to extend programme	Possible Limited Afternoon Creche			Extension opportunity for evening activities to support adult participation and family activities	
Creche 2						Homework Club				
Sports Hall	Possible Creche Overflow					Big Football	Little Football	Little Multisports		
Activity Studio	Possible extension to classes	Tiny Ballet	Tiny Football	Tiny Gymnastics		Little Gymnastics	Big Gymnastics	Big Ballet		
Little Rig		Tiny Burn	Tiny WOD	Tiny Rigger		Little X	Big X	Little and Big Burn		
Tiny Rig		Tiny Space Playtime								
Thursday	0900-1000	1000-1100	1100-1200	1200-1300	1300-1400	1400-1500	1500-1600	1600-1700	1700-1800	1800-2000
Creche 1	Creche Service from 9.00am - 1.00pm				Pre School special events- opportunity to extend programme	Possible Limited Afternoon Creche			Extension opportunity for evening activities to support adult participation and family activities	
Creche 2						Homework Club				
Sports Hall	Possible Creche Overflow					Big Multisports	Little Football	Big football		
Activity Studio	Possible extension to classes	Tiny Ballet	Tiny Yoga	Tiny Gymnastics		Little Ballet	Big Gymnastics	Little Yoga		
Little Rig		Tiny X	Tiny Rigger	Tiny Burn		Big Burn	Little Burn	Little and Big Rigger		
Tiny Rig		Tiny Space Playtime								
Friday	0900-1000	1000-1100	1100-1200	1200-1300	1300-1400	1400-1500	1500-1600	1600-1700	1700-1800	1800-2000
Creche 1	Creche Service from 9.00am - 1.00pm				Pre School special events- opportunity to extend programme	Possible Limited Afternoon Creche			Extension opportunity for evening activities to support adult participation and family activities	
Creche 2						Homework Club				
Sports Hall	Possible Creche Overflow					Big Multisports	Little Football	Big football		
Activity Studio	Possible extension to classes	Tiny Ballet	Tiny Football	Tiny Gymnastics		Little Ballet	Big Ballet	Little Gymnastics		
Little Rig		Tiny X	Tiny Burn	Tiny Rigger		Little Rigger	Big Rigger	Little and Big X		
Tiny Rig		Tiny Space Playtime								

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SAMPLE PROGRAMME — WEEKEND

Saturday	0900-1000	1000-1100	1100-1200	1200-1300	1300-1400	1400-1500	1500-1600	1600-1700	1700-1800	1800-2000
Creche 1	Creche Service from 9.00am - 1.00pm				Possible limited Afternoon Creche Service					Extension opportunity for evening activities to support adult participation and family activities
Creche 2					Birthday Parties and Special Events					
Sports Hall	Little Football	Big Football	Little Multi Sports	Big Multisports						
Activity Studio	Big Ballet	Little Ballet	Big Gymnastics	Little Gymnastics	Martial Arts - all	Yoga - all	Possible Extension to Classes and Birthday Parties and Events			
Little Rig	Little X	Big X	Little WOD	Big WOD	Possible extension of programme					
Tiny Rig	Tiny Space Playtime									
Sunday	0900-1000	1000-1100	1100-1200	1200-1300	1300-1400	1400-1500	1500-1600	1600-1700	1700-1800	1800-2000
Creche 1	Creche Service from 9.00am - 1.00pm				Possible limited Afternoon Creche Service					Extension opportunity for evening activities to support adult participation and family activities
Creche 2					Birthday Parties and Special Events					
Sports Hall	Big Multisports	Little Football	Big Football	Little Multisports						
Activity Studio	Little Ballet	Big Ballet	Little Gymnastics	Big Gymnastics	Martial Arts - all	Yoga - all	Possible Extension to Classes and Birthday Parties and Events			
Little Rig	Little Burn	Big Burn	Big X	Little X	Possible extension of programme					
Tiny Rig	Tiny Space Playtime									

Key pay/inc activities	Classes require payment in addition to membership fees
	Classes included in membership
	Extension Opportunities for programme and products
Age Key	Baby/Tots Under 3 years
	Tiny 3 - 4 years
	Little 5 - 7 years
	Big 8 - 11 years