NATURAL

# FITNESS FOOD

## SNACKS

### GRANOLA POT

Mango & lime compote

### OVERNIGHT OATS

Mango & lime compote

### CHIA SEEDS PUDDING

Mango & lime compote

### EGG WRAPS

Chicken Caesar

Avocado & houmous

### EGG MUFFINS

Harissa chicken & sweetcorn

Sweet potato

### PROTEIN POTS

Steak

Chicken breast

Salmon

Eggs

### PROTEIN BARS

Snickers

Pistachio and cranberry

Vegan almond Snickers

### ENERGY BALLS

Chocolate truffle

Oat and macadamia

Vegan apple and pecan

### NUTS

Cacao walnuts

Pepper cashews

Roast almonds

### DESSERT POTS

Chocolate and avocado mousse