NATURAL

FITNESS FOOD

SNACKS

GRANOLA POT

Cherry & strawberry compote, Greek yogurt

Blueberry compote, Greek yogurt

OVERNIGHT OATS

Cherry coconut

Blueberry almond

PROTEIN PANCAKES

Vanilla & blueberry

Banana & choc chip

EGG WRAPS

Fajita chicken

Satay chicken

Spiced peppers, onions & chipotle houmous

SNACK POTS

Shredded chicken & taboulleh

King prawn & pickled vegetables

EGG MUFFINS

Chicken & red pepper

Chicken, broccoli & parmesan

Goat’s cheese & red pepper

PROTEIN BARS

Snickers

Vegan almond Snickers

ENERGY BALLS

Oat & macadamia

Vegan apple & pecan

NUTS

Cacao walnuts

Pepper cashews

Roast almonds

DESSERT POT

Cacao & avocado mousse

#naturalfitnessfood