

# NATURAL FITNESS FOOD

## BREAKFAST & SNACKS

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### EGG WRAPS

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#### LEAN

Siracha chicken

Satay chicken

Peri peri halloumi

### EGG WRAPS

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#### FUEL

Ginger chilli salmon

Peri peri chicken

### SNACK POTS

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Chicken strips  
& siracha yogurt

Spiced chicken &  
chimichurri

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### BOTTLED SHAKES

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Snickers

Oreo

Superman

Popeye

Breakfast Beat

Ferrero Rocher

### GRANOLA POT

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Strawberry & rhubarb  
compote, Greek yogurt  
& NFF Granola

### OVERNIGHT OATS

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Chocolate & banana oats topped  
with ManiLife cacao peanuts

Vanilla oats with apple & cinnamon  
compote topped with NFF biscuit base

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### PROTEIN BARS

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Snickers

Almond Snickers

### ENERGY BALLS

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Ferrero Rocher

Biscoff

### HEALTHY TREATS

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Classic Breakfast Cookie

Protein Rice Krispie Bar