

NATURAL FITNESS FOOD

BREAKFAST & SNACKS

EGG WRAPS

Peri peri chicken
Satay chicken
Spinach, halloumi & sweet chilli

SNACK POTS

Coronation chicken
Haddock goujons & verde yogurt
Salt & pepper tofu & satay sauce
Chicken strips & sweet chilli sauce

EGG MUFFINS

Chicken & red pepper
Asparagus & sundried tomato
Goat's cheese & red pepper

BREAKFAST BOX

Chicken sausage, BBQ beans,
poached eggs, kale & hash brown
Mushroom sausage, BBQ beans,
poached eggs, kale & hash brown

GRANOLA POT

Cherry & strawberry
compote, Greek yogurt

OVERNIGHT OATS

Vanilla baked oats, blueberry
compote & flaked almonds
Chocolate baked oats, strawberry &
cherry compote & hazelnuts

BOTTLED SHAKES

Snickers
Oreo
Superman
Popeye

FRESH FRUIT

Watermelon & red grape
Mango & blueberry

WAFFLES

Vanilla & banana waffle,
Greek yogurt & blueberry compote
Chocolate waffle,
coconut yogurt & strawberry compote

PROTEIN BARS

Snickers
Almond Snickers

ENERGY BALLS

Oat & macadamia
Chocolate & hazelnut

HEALTHY COOKIE'S

Breakfast Cookie
Dark chocolate & almond