

NATURAL FITNESS FOOD

BREAKFAST & SNACKS

EGG WRAPS

Peri peri chicken
Satay chicken
Spinach, halloumi
& sweet chilli

SNACK POTS

Haddock goujons
& salsa verde yogurt
Chicken strips
& sweet chilli sauce

BREAKFAST BOX

Chicken sausage, poached egg. BBQ
baked beans, potato rosti & kale
Mushroom sausage, poached egg.
BBQ baked beans, potato rosti & kale

BOTTLED SHAKES

Snickers
Oreo
Superman
Popeye
Breakfast Beat

GRANOLA POT

Strawberry & cherry
compote, Greek yogurt

OVERNIGHT OATS

Apple & quince compote with
vanilla baked oats

CRUDITE POTS

Carrots & houmous
Apple & peanut butter

FRESH FRUIT

Canterloupe melon
& red grape

WAFFLES

Vanilla protein waffles with
Greek yogurt
& blueberry compote

PROTEIN BARS

Snickers
Almond Snickers

ENERGY BALLS

Oat & macadamia
Coconut & cashew

HEALTHY COOKIE'S

Breakfast Cookie
Dark chocolate & almond