

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
09:30 – 10:15 PARENT & BABY STRENGTH & CONDITIONING Sports Hall 3 months to Crawling	08:30 – 09:15 ANTENATAL YOGA Activity Studio Pregnancy specific	09:30 – 10:30 TINY WOD Little Rig 3-4 years	08:30 – 09:15 ANTENATAL YOGA Activity Studio Pregnancy specific	09:30 – 10:30 MINI YOGA Studio Crawling – 3 years	09:00 – 10:00 TINY WOD Little Rig 3-4 years	09:00 – 10:00 TINY SQUAD Little Rig 3-4 years
09:30 – 10:30 CRECHE SESSION* Creche 3 months - 5 years	09:30 – 10:30 CRECHE SESSION* Creche 3 months - 5 years	09:30 – 10:30 CRECHE SESSION* Creche 3 months - 5 years	09:30 – 10:30 CRECHE SESSION* Creche 3 months - 5 years	09:30 – 10:30 TINY MIGHTY SPORTS Sports Hall 3-4 years	09:00 – 10:00 BIG METHOD Sports Hall 5-11 years	09:00 – 10:00 BIG MIGHTY SPORTS Studio 5-11 years
10:30 – 11:30 STORY TIME* Creche 3 months - 5 years	10:30 – 11:30 TINY YOGA Activity Studio 3-4 years	10:30 – 11:30 GYMNASTICS Sports Hall 18m – 3 years	10:30 – 11:30 CRECHE SESSION* Creche 3 months - 5 years	10:30 – 11:30 CRECHE SESSION* Creche 3 months - 5 years	09:00 – 10:00 BALLET* Studio 2.5 - 4 years	09:00 – 10:00 MARTIAL ARTS* Sports Hall 3-4 years
10:30 – 11:30 TINY MIGHTY SPORTS Sports Hall 3-4 years	10:30 – 11:30 CRECHE SESSION* Creche 3 months - 5 years	11:30 – 12:30 CRECHE SESSION* Creche 3 months - 5 years	10:30 – 12:30 SENSORY PLAY Studio Under 3 years	10:30 – 11:30 PARENT & BABY YOGA Sports Hall 3 months to Crawling	10:00 – 11:00 TINY SQUAD Little Rig 3-4 years	10:00 – 11:00 TINY ENERGY BURNER Studio 3-4 years
11:30 – 12:00 BALLET* Activity Studio 2.5 - 4 Years	11:30 – 12:30 CRECHE SESSION* Creche 3 months - 5 years	12:30 – 13:30 CRECHE SESSION* Creche 3 months - 5 years	11:30 – 12:30 CRECHE SESSION* Creche 3 months - 5 years	11:30 – 12:30 ARTS & CRAFTS* Creche 3 months - 5 years	10:00 – 11:00 BIG DANCE Sports Hall 5-11 years	10:00 – 11:00 BIG ENERGY BURNER Little Rig 5-11 years
11:30 – 12:30 BALLET* Activity Studio 18m – 2.5 years	12:30 – 13:30 CRECHE SESSION* Creche 3 months - 5 years		12:30 – 13:30 CRECHE SESSION* Creche 3 months - 5 years	12:00 – 14:00 SENSORY PLAY Studio Under 3 years	10:00 – 11:00 BALLET* Studio 4 - 6 years	10:00 – 11:00 MARTIAL ARTS* Sports Hall 5-7 years
11:30 – 12:30 CRECHE SESSION* Creche 3 months - 5 years				12:30 – 13:30 CRECHE SESSION* Creche 3 months - 5 years	10:00 – 11:00 CRECHE SESSION* Creche 3 months - 5 years	10:00 – 11:00 CRECHE SESSION* Creche 3 months - 5 years
12:00 – 14:00 SENSORY PLAY Studio Under 3 years					11:00 – 12:00 BALLET* Studio 6-8 years	11:00 – 12:00 TINY YOGA Studio 3-4 years
12:30 – 13:30 CRECHE SESSION* Creche 3 months - 5 years					11:00 – 12:00 TINY DANCE Sports Hall 3-4 years	11:00 – 12:00 BIG RIGGERS Little Rig 5-11 years
					11:00 – 12:00 BIG WOD Little Rig 5-11 years	11:00 – 12:00 MARTIAL ARTS* Sports Hall 8-11 years
16:00 – 17:00 TINY WOD Little Rig 3-4 years	16:00 – 17:00 TINY DANCE Sports Hall 3-4 years	16:00 – 17:00 TINY ENERGY BURNER Little Rig 3-4 years	16:00 – 17:00 TINY SQUAD Little Rig 3-4 years	16:00 – 17:00 TINY YOGA Sports Hall 3-4 years	11:00 – 12:00 CRECHE SESSION* Creche 3 months - 5 years	11:00 – 12:00 CRECHE SESSION* Creche 3 months - 5 years
16:00 – 17:00 BIG METHOD Sports Hall 5-11 years	16:00 – 17:00 BIG ENERGY BURNER Little Rig 5-11 years	16:00 – 17:00 BIG MIGHTY SPORTS Sports Hall 5-11 years	16:00 – 17:00 BIG MIGHTY SPORTS Studio 5-11 years	16:00 – 17:00 BIG ENERGY BURNERS Little Rig 5-11 years	12:00 – 13:00 TINY ENERGY BURNER Little Rig 3-4 years	12:00 – 13:00 BIG YOGA Studio 5-11 years
16:00 – 17:00 BALLET* Studio 2.5 - 4 Years	17:00 – 18:00 BIG DANCE Sports Hall 5-11 years	16:00 – 17:00 GYMNASTICS Sports Hall 3-5 years	16:00 – 17:00 MARTIAL ARTS* Sports Hall 3-4 years	17:00 – 18:00 BIG YOGA Sports Hall 5-11 years	12:00 – 13:00 BIG MIGHTY SPORTS Sports Hall 5-11 years	12:00 – 13:00 TINY WOD Little Rig 3-4 years
17:00 – 18:00 BALLET* Studio 4 - 6 years		17:00 – 18:00 BIG METHOD Activity Studio 5-11 years	17:00 – 18:00 BIG RIGGERS Little Rig 5-11 years		12:00 – 13:00 CRECHE SESSION* Creche 3 months - 5 years	12:00 – 13:00 CRECHE SESSION* Creche 3 months - 5 years
17:00 – 18:00 BIG MIGHTY SPORTS Sports Hall 5-11 years		17:00 – 18:00 GYMNASTICS Sports Hall 5-7 years	17:00 – 18:00 MARTIAL ARTS* Sports Hall 5-7 years		13:00 – 14:00 TINY MIGHTY SPORTS Sports Hall 3-4 years	
		18:00 – 19:00 GYMNASTICS Sports Hall 8-11 years	18:00 – 19:00 MARTIAL ARTS* Sports Hall 8-11 years		13:00 – 14:00 BIG ENERGY BURNER Little Rig 5-11 years	

BABY MASSAGE please enquire via email for the next baby massage course dates to leanne.davies@thirdspace.london

*paid course, enquire within.

little
space